

Rules and Guidelines U6

Field Size: 35 yards x 25 yards

Goal Size: 4 feet x 8 feet

Ball Size: 3

Number of Players: 4 v 4

Goalie: No

Duration of Game: 2 x 25 halves

Offside: No

Slide tackle: None

Kick-Off: Yes / FIFA

Free Kicks: All indirect Penalty Kicks No Kick

Ins/Throw Ins: Players can either dribble or pass the ball into play.

Substitutions: At any stoppage.

Sideline Protocol: Coaches and players are on the same side of the field. Only coaches with official RSC coaching lanyards will be allowed in the coaching area. Parents will be on the opposite side of the field.

Halftime: 5 minutes

Playing Time: Each player is expected to play at least half of each game.

Referee: No.

Blowout Policy: If a team is losing by four goals they may add an additional player.